

# Bard Student Counseling Referral Program

We make it easier to find the behavioral health provider you need.



It can be challenging to find a behavioral health provider. Looking through lists online. Trying to figure out which providers are taking new patients and if they are, do they provide telehealth. It can all be daunting. That is why Bard College has partnered with Montefiore Health System to provide you with the Bard Student Counseling Referral Program, a resource to help you find a provider who can meet your needs. For over 20 years, thousands of people in the region have been reaching their goals by partnering with a Montefiore therapist based on appropriateness, trust, and flexibility. The Montefiore Behavioral Health Network is a diverse group of providers which includes social workers, psychiatrists, and psychologists, all of whom are doing telehealth visits and are dedicated to working with the Bard Student population.

**Contact the Student Counseling Referral Program and get connected for a virtual visit with the provider that is right for you. It's easy.**

## Step 1:

After discussing the program with your college counseling center, you will call 1-800-401-4822 and listen for the student referral prompt option to get a referral for treatment.

**Please have your insurance information with you when you call.**



## Step 2:

A program associate will ask you a few questions over the phone to better understand your needs, including your health insurance information.



## Step 3:

You will be referred to a mental health provider within Montefiore's network. There will be a best effort to connect you with an in-network provider with your insurer. If not possible, alternative options can be offered.



## Step 4:

You will call the provider to get to know them and set an appointment time. You will also discuss whether your insurance will cover the service, what the co-pay fee is, or if you will be billed directly. If you prefer, you are welcome to call 1-800-401-4822 to connect with an alternative provider.

**The Montefiore Student Counseling Referral Program will do their best to find a provider who takes your insurance, but no matter which provider you see, it is helpful to be familiar with these Healthcare Phrases:**

**Copay:** Set amount that you pay each session, determined by your health insurer.

**Deductible:** The amount you pay out of pocket before your insurance starts to cover services.

**Out of Network:** The provider does not have a contract with your health insurance, therefore services may not be covered.

**Out of Pocket:** When you are billed by the provider directly.

**Bard**

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HEALTH SYSTEM, INC.